

Contact

www.linkedin.com/in/cindytgrahamphd (LinkedIn)

Top Skills

Quality Assurance
University Teaching
Self-Esteem

Languages

English
Creole

Dr. Cindy T. Graham

Licensed Psychologist | CEO/Founder of Brighter Hope Wellness Center | Princeton University | The Johns Hopkins University School of Medicine | LSU | Speaker | Author | Mental Health Media Contributor

Clarksville, Maryland, United States

Summary

Working directly with clients and talking to a broader audience across media outlets to promote mental health and wellness. My specialty is working with kids who have behavior problems, parents struggling to raise their kids, and adults who are trying to find balance in their lives. This passion led me to open Brighter Hope Wellness Center which is committed to providing high-quality integrated care to our community.

Experience

Brighter Hope Wellness Center
Licensed Clinical Psychologist & Founder
January 2018 - Present (8 years 1 month)
6100 Daylong Lane, Suite 103, Clarksville, Maryland 21029

Providing evidence-based and multidisciplinary treatment for children, teens, adults, and families. Whether you are seeking care for a loved one who has special needs or for yourself, Brighter Hope Wellness Center brings a full range of services to you under one roof.

Waypoint Wellness Center
Licensed Clinical Psychologist
August 2015 - March 2018 (2 years 8 months)
Linthicum, Maryland

I help children and adolescents by assessing and treating various disorders including autism spectrum disorders, behavior problems, ADHD, depression/mood disorders, and anxiety disorders (such as OCD, generalized anxiety disorder, hair-pulling, etc.). I work with parents and caregivers by providing them with tools to work more effectively with their child's specific needs. I also work with adults who struggle with various anxiety and mood disorders. Additionally, I provide diagnostic and psychoeducational testing to help provide a well-rounded view of treatment needs.

Spectrum Behavioral Health
Psychology Associate
September 2010 - September 2015 (5 years 1 month)
Arnold and Crofton, Maryland

Help children and teens by assessing and treating various disorders including autism spectrum disorders, behavior problems, ADHD, depression/mood disorders, and anxiety disorders. Provide parents and caregivers with tools to work with their child's specific needs. Help adults who struggle with anxiety and mood disorders. Provide diagnostic and psychoeducational testing to provide a fuller view of treatment needs.

Kennedy Krieger Institute
Clinical Specialist III, Predoctoral Intern
2008 - 2010 (2 years)

Co-supervising the assessment and treatment of severe behavior problems in children and teens with developmental disabilities; inpatient setting

Education

Princeton University
Bachelor's Degree, Psychology · (2001)

The Johns Hopkins University School of Medicine
Predoctoral Internship · (2008 - 2009)

Louisiana State University
Doctor of Philosophy (Ph.D.), Clinical Psychology · (2011)

Louisiana State University
Master's Degree, Clinical Psychology · (2007)

Wellington High School
· (1992 - 1996)