

## Contact

[www.linkedin.com/in/cindygrahamphd](https://www.linkedin.com/in/cindygrahamphd) (LinkedIn)

## Top Skills

Quality Assurance  
University Teaching  
Self-Esteem

## Languages

English  
Creole

# Dr. Cindy T. Graham

Licensed Psychologist | CEO/Founder of Brighter Hope Wellness Center | Princeton University | The Johns Hopkins University School of Medicine | LSU | Speaker | Author | Mental Health Media Contributor

Clarksville, Maryland, United States

## Summary

Working directly with clients and talking to a broader audience across media outlets to promote mental health and wellness. My specialty is working with kids who have behavior problems, parents struggling to raise their kids, and adults who are trying to find balance in their lives. This passion led me to open Brighter Hope Wellness Center which is committed to providing high-quality integrated care to our community.

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## Experience

### Brighter Hope Wellness Center

Licensed Clinical Psychologist & Founder

January 2018 - Present (8 years 1 month)

6100 Daylong Lane, Suite 103, Clarksville, Maryland 21029

Providing evidence-based and multidisciplinary treatment for children, teens, adults, and families. Whether you are seeking care for a loved one who has special needs or for yourself, Brighter Hope Wellness Center brings a full range of services to you under one roof.

### Waypoint Wellness Center

Licensed Clinical Psychologist

August 2015 - March 2018 (2 years 8 months)

Linthicum, Maryland

I help children and adolescents by assessing and treating various disorders including autism spectrum disorders, behavior problems, ADHD, depression/mood disorders, and anxiety disorders (such as OCD, generalized anxiety disorder, hair-pulling, etc.). I work with parents and caregivers by providing them with tools to work more effectively with their child's specific needs. I also work with adults who struggle with various anxiety and mood disorders. Additionally, I provide diagnostic and psychoeducational testing to help provide a well-rounded view of treatment needs.

## Spectrum Behavioral Health

### Psychology Associate

September 2010 - September 2015 (5 years 1 month)

Arnold and Crofton, Maryland

Help children and teens by assessing and treating various disorders including autism spectrum disorders, behavior problems, ADHD, depression/mood disorders, and anxiety disorders. Provide parents and caregivers with tools to work with their child's specific needs. Help adults who struggle with anxiety and mood disorders. Provide diagnostic and psychoeducational testing to provide a fuller view of treatment needs.

## Kennedy Krieger Institute

### Clinical Specialist III, Predoctoral Intern

2008 - 2010 (2 years)

Co-supervising the assessment and treatment of severe behavior problems in children and teens with developmental disabilities; inpatient setting

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## Education

### Princeton University

Bachelor's Degree, Psychology · (2001)

### The Johns Hopkins University School of Medicine

Predoctoral Internship · (2008 - 2009)

### Louisiana State University

Doctor of Philosophy (Ph.D.), Clinical Psychology · (2011)

### Louisiana State University

Master's Degree, Clinical Psychology · (2007)

### Wellington High School

· (1992 - 1996)